

# FEDERAL PUBLIC SERVICE COMMISSION



## COMPETITIVE EXAMINATION FOR RECRUITMENT TO POSTS IN BS-17 UNDER THE FEDERAL GOVERNMENT, 2013

Roll Number

### PSYCHOLOGY, PAPER-II

<b>TIME ALLOWED:</b>	<b>(PART-I MCQs)</b>	<b>30 MINUTES</b>	<b>MAXIMUM MARKS: 20</b>
<b>THREE HOURS</b>	<b>(PART-II)</b>	<b>2 HOURS &amp; 30 MINUTES</b>	<b>MAXIMUM MARKS: 80</b>
<b>NOTE:</b> (i) First attempt <b>PART-I (MCQs)</b> on separate <b>OMR Answer Sheet</b> which shall be taken back after <b>30 minutes</b> . (ii) <b>Overwriting/cutting of the options/answers will not be given credit.</b>			

### PART-I ((MCQs) (COMPULSORY)

**Q.1. (i)** Select the best option/answer and fill in the appropriate Circle ● on the **OMR Answer Sheet. (20x1=20)**  
**(ii)** Answers given anywhere, other than OMR Answer Sheet, shall not be considered.

- A strategy used by the ego to defend itself against the anxiety provoked by the conflict of everyday life refers to:  
(a) Defense mechanism (b) Displacement (c) Rationalization (d) Ego-ideal (e) None of these
- Development is about to:  
(a) Change (b) Age (c) Gender (d) Genes (e) None of these
- The self-image formed during adolescence that integrates and individual's ideas of what he or she is and wants to be refers to:  
(a) Ego-ideal (b) Ego-identity (c) Crisis (d) Ego (e) None of these
- The theory of how people explain other's behaviour by attributing it either to internal disposition or to external situation refers to:  
(a) Attribution theory (b) Dispositional attribution (c) Situational attribution  
(d) Attributing causality (e) None of these
- The behavioural approach is to rewards and punishments as the cognitive approach is to:  
(a) Biological processes (b) The humanistic struggle for self fulfilment (c) Individual genetic make up  
(d) Internal processes of the mind or mental events (e) None of these
- Which of the following perspectives of psychology is most concerned with individuals reaching their maximum potential?  
(a) Behavioural (b) Cognitive (c) Humanistic (d) Psychoanalytic (e) None of these
- Jobs can be redesigned to make the work more interesting, challenging and to increase responsibility and opportunities for achievement.  
(a) Job satisfaction (b) Job specification (c) Job enrichment (d) Job description (e) None of these
- The basic difference between obsession and compulsion is:  
(a) The former involves preoccupation with certain thoughts while the later involves preoccupation with certain actions  
(b) The former is a mood disorder whereas the later is an anxiety disorder  
(c) The former is diagnosed along with the Axis III of DSM-IV whereas the later is diagnosed along with the Axis II of DSM-IV  
(d) There is no difference between the two disorders (e) None of these
- The process by which egg are ripened and released is called:  
(a) Ovulation (b) Mitosis (c) Fertilization (d) Implantation (e) None of these
- The process by which we learn not to respond to similar stimuli in an identical manner:  
(a) Generalization (b) Extinction (c) Discrimination (d) All of these (e) None of these
- Which method of gathering information about the brain indicates overall activity of the brain?  
(a) Positron Emission Tomography (PET scan) (b) Electroencephalogram (EEG)  
(c) Electrical stimulation (d) Studying damage to the brain (e) None of these
- The physiological and psychological response to stress referred as:  
(a) Transition (b) Stressors (c) Strain (d) Hypertension (e) None of these
- A behavioural technique for reducing anxiety in which patients practice relaxation while visualizing anxiety provoking situations of increasing intensity refers:  
(a) Symptom Substitution (b) Time-out (c) Systematic Desensitization  
(d) Token Economy (e) None of these

## PSYCHOLOGY, PAPER-II

14. The ability to acquire information from the culture such as vocabulary and the kind of information learned in the schools is an example of what type of intelligence?  
(a) Fluid intelligence (b) Componential intelligence (c) Crystallized intelligence  
(d) Contextual intelligence (e) None of these
15. Critics of Freudian psychoanalysis maintain that this form of therapy:  
(a) Does not put enough emphasis on sex.  
(b) Can be harmful by tolerating or encouraging transference.  
(c) Is good mostly for treating phobias. (d) Is too quick to be effective.  
(e) Is too scientific and impersonal.
16. When Maya first saw a violent movie, she was scared and disgusted. But now that she has seen several such movies, she is barely affected by them Maya has experienced:  
(a) Habituation (b) Displacement (c) Cultivation (d) Catharsis (e) None of these
17. A person's intelligence quotient, or IQ, initially represented the ratio of a person's \_\_\_\_\_age divided by his or her \_\_\_\_\_age.  
(a) Chronological, Mental (b) Mental, Chronological (c) Real, Intentional  
(d) Chronological, Neurological (e) None of these
18. Which of the following is true regarding the relative influence of genes and the environment of behaviour?  
(a) Genes are the primary influence before birth, and environment is the primary influence following birth.  
(b) Environment is the primary influence throughout life.  
(c) Genes are primary influence on the development of physical structures, and environment factors are a great influence on the development of behavioural capacities.  
(d) In no sense can either genes or environment be said to be a great influence than the other.  
(e) None of these
19. Why do similarities in the IQ of raised-together siblings tend to disappear as the children grow older?  
(a) The genes that differentiate intellectual abilities are dormant until the approach of puberty.  
(b) As children mature and become increasingly autonomous, they each tend to create a unique environment.  
(c) Siblings learn to over-compensate for deficiencies in each other's abilities.  
(d) All of these (e) None of these
20. The Release of emotions is called:  
(a) Behaviour change (b) Insight (c) Mastery (d) Catharsis (e) None of these

### PART-II

**NOTE:** (i) **Part-II** is to be attempted on the separate **Answer Book**.  
(ii) Candidate must write **Q. No.** in the **Answer Book** in accordance with **Q. No.** in the **Q. Paper**.  
(iii) Attempt **ONLY FOUR** questions from **PART-II**. **ALL questions carry EQUAL marks**.  
(iv) Extra attempt of any question or any part of the attempted question will not be considered.

- Q.2.** Give your valuable comments on the importance of Developmental Psychology. (20)
- Q.3.** What do you know about the various methods of studying Infant Behaviour? Discuss in detail. (20)
- Q.4.** Why did American Psychiatric Association adopt multi-axial system of diagnosis in *Diagnostic and statistical Manual*? What are the distinguishing features of depression and generalized anxiety by virtue of which the two disorders have discrete diagnosis? (20)
- Q.5.** "Rational Emotive Behaviour Therapy (REBT) is a form of psychotherapy and a philosophy of living created by Albert Ellis in the 1950's." In your opinion, to what extent it can be judged successful in the contemporary psychotherapies? (20)
- Q.6.** Many theories have been advanced to explain the causes of Juvenile Delinquency. To your mind how our society may come to deal preventively with this problem? (20)
- Q.7.** "The study and measurement of Intelligence has been an important topic for nearly hundred years." Discuss in length the topic. Also describe briefly the main reasons of Mental Retardation? (20)
- Q.8.** Write short notes on any **TWO** of the following:- (10 each) (20)  
a) Creativity b) Behaviour Modification c) Job Satisfaction

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