



General Certificate of Secondary Education
June 2011

Physical Education

48901/3/PM

Units 1 and 3 Knowledge and Understanding for the Active Participant

Preliminary Material

To be opened and issued to candidates on Monday 10 January 2011

Section B of the summer examination will consist of questions linked to the scenario below.

Rachel is a popular 15-year-old girl who belongs to a 'sporty' family. She attends the local comprehensive school where she is a prefect and sports captain. Rachel is due to take GCSE Physical Education at the end of the school year. She is interested in sports technology and is a Young Ambassador.

Rachel enjoys sport and has represented the school and county at football, swimming and cross country. Rachel's cross country running helps her keep fit to play in the midfield for football and to take part in four swimming sessions a week. Outside of school, Rachel has been a member of a swimming club, where her mother is a coach, since she was six years old. She has, with a group of friends, just become a member of a newly formed local football club, which is struggling to establish itself. She trains and competes regularly for both clubs.

In her role as sports captain, Rachel helps to organise sports competitions for younger students in her school and assists the Physical Education Department with lunchtime activities.