

General Certificate of Education
January 2006
Advanced Subsidiary Examination



SPORT AND PHYSICAL EDUCATION
Unit 2

PED2

Friday 20 January 2006 1.30 pm to 2.45 pm

For this paper you must have:

- a 12-page answer book

Time allowed: 1 hour 15 minutes

Instructions

- Use blue or black ink or ball-point pen. Pencil should only be used for drawing.
- Write the information required on the front of your answer book. The *Examining Body* for this paper is AQA. The *Paper Reference* is PED2.
- Answer **three** from **four** questions.
- Do all rough work in the answer book. Cross through any work you do not want marked.

Information

- The maximum mark for this paper is 57.
- The marks for questions are shown in brackets.
- 3 of these marks will be awarded for the Quality of Written Communication.

Advice

- You will be assessed on your ability to use an appropriate form and style of writing, to organise relevant information clearly and coherently, and to use specialist vocabulary, where appropriate.
- The degree of legibility of your handwriting and the level of accuracy of your spelling, punctuation and grammar will also be taken into account.

**Socio-Cultural and Historical Effects on Participation in Physical Activity
and their Influence on Performance**

Answer **three** from **four** questions.

1

Total for this question: 18 marks

Since the beginning of the 20th century, participation in outdoor and adventurous activities has increased.

Figure 1 shows people skiing on a dry ski slope.



Source: www.folkestonesports.ndo.co.uk

Figure 1

- (a) How could skiing on a dry ski slope meet the requirements of:
- *physical recreation* and
 - *sport*? (4 marks)
- (b) Dry ski slopes are an example of an urban *adaptation* of an outdoor and adventurous activity.
- (i) Give **two** other examples of outdoor and adventurous activities and state how one of these could be adapted within an urban environment. (3 marks)
 - (ii) Outdoor and adventurous activities have been adapted for people with disabilities. What factors have allowed these developments to occur? (3 marks)

-
- (c) Participation in outdoor and adventurous activities in the natural environment involves an element of *risk*. What is the difference between ‘real’ and ‘perceived’ *risk*? (3 marks)
- (d) What factors have led to the increased popularity of outdoor and adventurous activities since the beginning of the 20th century? (5 marks)

2

Total for this question: 18 marks

The health of the population has caused concern for the government, resulting in changes to the teaching of physical education.

- (a) Suggest reasons why children in the United Kingdom are thought to be less healthy than previous generations. (3 marks)
- (b) Why should the Government wish to increase participation in *active recreation*? (3 marks)
- (c) What are the potential barriers to participation in active recreation for individuals from *ethnic minority* groups? (4 marks)
- (d) The Government requires schools to provide all of their students with a minimum number of hours of physical education each week. This target is met by only a third of secondary schools.

Why might some schools fail to make this provision for their students? (3 marks)

- (e) Discuss whether the current *National Curriculum for Physical Education* improves the health of children to a greater degree than the early Syllabuses of Physical Training (1904–1933). (5 marks)

Turn over for the next question

3

Total for this question: 18 marks

The range of sport and leisure activities available to the majority of the population has increased dramatically during recent times.

Figure 2 shows the participation pyramid.

Figure 2 is not reproduced here due to third-party copyright constraints.

- (a) Using **Figure 2**, explain the terms *foundation* **and** *participation* **and** outline how people can become involved at these levels. (3 marks)
- (b) How did the 19th century public schools and universities influence the development of games **and** their spread into wider society? (4 marks)
- (c) Why was participation in sport by the working class **delayed** compared with participation by the middle and upper classes in the 19th century? (3 marks)
- (d) Provision of leisure facilities, such as parks and baths, began during the Victorian era and continues today with local authorities. Why were such facilities provided? (4 marks)
- (e) During the past decade there has been an increase in membership of *private* fitness clubs. What are the advantages **and** disadvantages of this for the general population? (4 marks)

4

Total for this question: 18 marks

Research shows that female participation in physical activity declines during teenage years.

Figure 3 shows children playing in a playground.



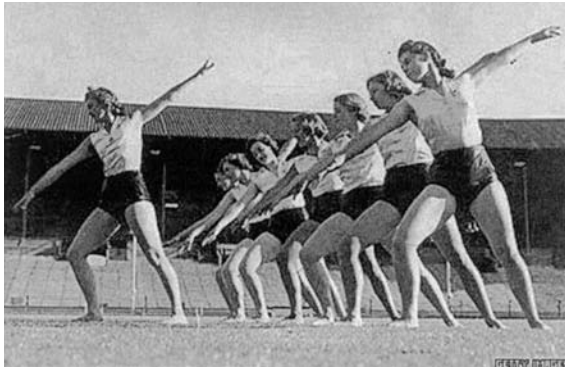
Source: www.weekiwacheechristiancamp.org/PhotosOutside.htm

Figure 3

- (a) (i) Young children often engage in play and physical activity. Using **Figure 3**, state the benefits of *play* for young children. (3 marks)
- (ii) How do schools help to increase the interest and participation of girls in physical activities? (2 marks)
- (b) Discrimination is one possible reason for the decline in female participation. What is meant by the term *discrimination*? (2 marks)
- (c) How might women experience *discrimination* in recreational and sporting activities? (3 marks)
- (d) What are the advantages **and** disadvantages for females competing in the same competitions as men in sports such as cricket and golf? (3 marks)

Question 4 continues on the next page

Figure 4 shows The Women's League of Health & Beauty and a modern-day aerobics session.



Source: www.ksu.edu/kines/aerobics.htm

Figure 4

- (e) What *shared characteristics* do these activities possess that have helped to make them popular with women? (5 marks)

END OF QUESTIONS

There are no questions printed on this page

There are no questions printed on this page

ACKNOWLEDGEMENT OF COPYRIGHT-HOLDERS AND PUBLISHERS

Permission to reproduce all copyright material has been applied for. In some cases, efforts to contact copyright-holders have been unsuccessful and AQA will be happy to rectify any omissions of acknowledgements in future papers if notified.

Question 1 Source: www.folkestonesports.ndo.co.uk

Question 3 Source: Sport England

Question 4 Source: www.weekiwacheechristiancamp.org/PhotosOutside.htm

www.ksu.edu/kines/aerobics.htm

www.news.bbc.co.uk

Copyright © 2006 AQA and its licensors. All rights reserved.