

Centre Number						Candidate Number				
Surname										
Other Names										
Candidate Signature										



General Certificate of Education  
Advanced Subsidiary Examination  
**Specimen Paper**

# Health and Social Care HSC02

## Unit 2 Understanding health conditions and patient care pathways

2012

You will need no other materials.

### Time allowed

- 1 hour 30 minutes

### Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer the questions in the space provided. Do not write outside the box around each page or on blank pages.
- Do all rough work in this book. Cross through any work that you do not want to be marked.
- If you need extra paper, use the Supplementary Answer Sheets.

### Information

- The maximum mark for this paper is 60.
- The marks for questions are shown in brackets.

Version 1

For Examiner's Use	
Examiner's Initials	
Question	Mark
1	
2	
3	
4	
TOTAL	

**HSC02**

Answer **all** questions in the spaces provided.

**1** Fabio is a 50-year-old male who has type 2 diabetes. He first developed the condition when he was 45 years old.

**1 (a)** Explain what is meant by type 2 diabetes and how it is caused.

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(3 marks)

**1 (b)** Describe the major symptoms of type 2 diabetes that Fabio is likely to have.

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(4 marks)

**1 (c)** Describe the lifestyle changes that Fabio can make to help manage his diabetes and explain how these changes may be of benefit to him.

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(8 marks)

**2** Roisin is a 30-year-old female who is married to Tony. They have two young children. Roisin has recently been diagnosed with schizophrenia.

**2 (a)** Explain what is meant by schizophrenia.

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(3 marks)

**2(b)** Give **three** different symptoms of schizophrenia.

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(3 marks)

**2(c)** Outline the medical interventions which could be used to treat Roisin's schizophrenia.

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(3 marks)

**2(d)** Discuss the potential impacts of schizophrenia, its treatment and management on Roisin and her family.

The quality of written communication will be assessed in this question.

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(6 marks)

Turn over ►

**3** Patrick is a 70-year-old male who was found collapsed on his kitchen floor. Patrick was rushed to hospital where he was diagnosed with having suffered a stroke. After a few weeks' treatment in hospital, Patrick was allowed to go home. Patrick is supported to live at home by health and social care workers.

**3(a)** Explain what is meant by a stroke and how it is caused.

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(3 marks)

**3(b)** Give **four** different symptoms of a stroke that Patrick is likely to have.

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(4 marks)

**3(c)** With reference to the case of Patrick, explain what is meant by a patient-centred approach to care.

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(8 marks)

**4** Tara is 30 years old and is obese. Her weight is causing some health problems which are likely to become more serious in the future.

**4(a)** Describe the impact of obesity on Tara's health and well-being.

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(6 marks)

**4(b)** Describe an appropriate patient care pathway to help treat and manage Tara's obesity. Include in your answer the steps and milestones needed to provide high-quality care, the care professionals likely to be involved and how the pathway is followed. The quality of written communication will be assessed in this question.

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(9 marks)

**END OF QUESTIONS**

**There are no question printed on this page**

**DO NOT WRITE ON THIS PAGE  
ANSWER IN THE SPACES PROVIDED**